



Boundaries; Transference and Countertransference

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AAMFT Approved Supervisor

Dates and Times: 10/2/13 - 1:00 pm – 3:00 pm
10/9/13 10:00 am – 12:00 pm
10/10/13 1:00 pm – 3:00 pm
10/15/13 2:00 pm – 4:00 pm
10/22/13 1:00 pm – 3:00 pm

Location to be announced
River Road Campus

This training will cover Boundaries, Transference and Countertransference. Boundaries in Addiction Treatment are essential to protect our patients and our counselors and other staff. Boundaries are important because they:

- Create a definitive role for both the patient and the staff
- Create a framework of rules under which counseling/treatment can continue and be productive
- Offer role-models for patients and staff
- Blurred and broken boundaries can come with significant ramifications that include disciplinary action in an ethical and legal sense

Transference and countertransference both naturally occur in counseling and addiction treatment.

- Transference of past feelings, conflicts, and attitudes can affect the patient and the treatment experience
- Transference evolves from unresolved or unsatisfactory childhood or past experiences in relationships
- Countertransference in addiction treatment can affect the patient's success in treatment
- The most common reaction among treatment therapists as a countertransference response is anger which often leads to rejection of the patient

Participants will learn and understand:

- How to identify and work through boundary issues in addiction treatment.
- How a therapist/counselor can learn to better work with patients when they are in crisis brought on by addiction treatment.
- How to set boundaries and keep them without harming the patients.
- Symptoms of Transference.
- Symptoms of Countertransference.
- How to handle the power differential in working with patients.
- How to avoid getting caught in the powerful web of transference and countertransference.
- How to manage transference and countertransference in a safe and helpful way with more empathy.

Two CEUs will be available.

Linda A. Hazel, Ph.D., LMFT, CAS, EMDR-2 is the Clinical Training Specialist of Cumberland Heights. She has worked at Cumberland Heights for the past eleven years in a variety of positions. She does training, supervision, serves on committees and works with other Clinical issues at Cumberland Heights. She is currently the President of the TN Division of AAMFT and has done presentations at conferences, workshops and community organizations.

Please go online to register at www.cumberlandheights.org